

Present Tense

Present Perfect Continuous Tense

Formula

When to use?

S + has, have + been + V - ing

Use

Ex. 1. I have been teaching for 20 years.

2. She has been crying since morning.

To express an action started in
Past at particular time and
Still going on.

Important Note: When to use 'since' and 'for'?

Since	For
Use : For point of time	Use : For period of time
Since Monday	For ten years
Since Yesterday	For ten days
Since 1945	For many years
Since his arrival	For a long time
Since 15 th August	For twenty five months

Practice: Use Since/ for

- _____ 2020.
- _____ 20 days.
- _____ morning.
- _____ 3 hours.
- _____ 10 years.
- _____ last night.
- _____ many years.
- _____ eight O'clock.
- _____ two weeks.
- _____ 1st week.